

**FE Coverage Plan - Home Management and Independent Living Skills**

	Whole Class/Pathway Groups - learning activities should be differentiated according to individual student need		
Pathway	Pathway 1 -PMLD	Pathway 2 -SLD	Pathway 3 - SLD/HA
Year 1 - Autumn Term 1	<p><b>Food and Drink - Introduction to Sensory Baking</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Sensory Baking</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Numeracy</p>	<p><b>Laundry Care 1</b></p> <p><b>Accreditation Links:</b> AQA Unit Awards related units</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Computing</p>	<p><b>Food and Drink - Introduction to Food &amp; Drink Preparation</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Meal Preparation and Cooking - Introduction or Progression Asdan Towards Independence: Independent Living - Introduction or Progression</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Computing Links to Health Education Links to Numeracy &amp; Literacy</p> <p><i>Catering Vocational Taster Session, at College</i></p>
Year 1 - Autumn Term 2	<p><b>Personal Care 1</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Everyday Living AQA Unit Award related units</p> <p><b>Additional:</b> Links to Computing Links to PSD/SRE/Health Education</p>	<p><b>Food and Drink - Introduction to Food and Drink Preparation</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Independent Living - Introduction Asdan Towards Independence: Meal Preparation and Cooking - Introduction</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Computing Links to Health Education Links to Numeracy &amp; Literacy</p>	<p><b>Laundry Care 1</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Independent Living - Introduction or Progression AQA Unit Award related units</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Computing Links to Science/Health Education</p>
Year 1 - Spring Term 3	<p><b>Food and Drink - Sensory Baking</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Sensory Baking</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning</p>	<p><b>Home Care 1 - Basic Cleaning</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Independent Living - Introduction</p> <p><b>Additional:</b></p>	<p><b>Food and Drink - Making a Healthy Lunch</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Meal Preparation and Cooking - Introduction or Progression</p>

	Links to Computing	Links to Health Education Links to Careers/WRL/Vocational Learning Links to Science and Computing Links to Numeracy	<b>Additional:</b> Links to Health Education Links to Literacy & Numeracy  <i>Catering Vocational Taster Session, at College</i>
Year 1 - Spring Term 4	<b>Home Care 1 - Basic Cleaning</b>  <b>Accreditation Links:</b> Asdan Towards Independence: Everyday Living  <b>Additional:</b>	<b>Food and Drink - Making a Healthy Lunch</b>  <b>Accreditation Links:</b> Asdan Towards Independence: Independent Living - Introduction Asdan Towards Independence: Meal Preparation and Cooking - Introduction  <b>Additional:</b> Links to Health Education Links to Numeracy and Literacy	<b>Home Care 1 - Basic Cleaning</b>  <b>Accreditation Links:</b> Asdan Towards Independence: Independent Living - Introduction or Progression  <b>Additional:</b> Links to Health Education Links to Careers/WRL/Vocational Learning Links to Science and Computing Links to Numeracy
Year 1 - Summer Term 5	<b>Food and Drink - Sensory Baking Project</b>  <b>Accreditation Links:</b> Asdan Towards Independence: Sensory Baking  <b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Computing	<b>Personal Care 1</b>  <b>Accreditation Links:</b> AQA Unit Award related units  <b>Additional:</b> Links to Computing Links to PSD/SRE/Health Links to Community Learning	<b>Food and Drink - Making a Hot Meal</b>  <b>Accreditation Links:</b> Asdan Towards Independence: Meal Preparation and Cooking - Introduction or Progression  <b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Computing Links to Health Education  <i>Catering Vocational Taster Session, at College</i>
Year 1 - Summer Term 6	<b>Laundry Care 1</b>  <b>Accreditation Links:</b> Asdan Towards Independence: Everyday Living  <b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Computing	<b>Food and Drink - Making a Hot Meal</b>  <b>Accreditation Links:</b> Asdan Towards Independence: Independent Living - Introduction Asdan Towards Independence: Meal Preparation and Cooking - Introduction  <b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Computing Links to Health Education	<b>Personal Care 1</b>  <b>Accreditation Links:</b> Asdan Towards Independence: Personal Care Routines - Introduction or Progression AQA Unit Award related units  <b>Additional:</b> Links to Computing Links to PSD/SRE/Health Links to Community Learning  <i>Hairdressing Vocational Taster Session, at College</i>

<p><b>Year 2 - Autumn Term 1</b></p>	<p><b>Home Care 2 - Cleaning contd.</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Everyday Living</p> <p><b>Additional:</b> Links to Health Education Links to Careers/WRL/Vocational Learning Links to Science and Computing Links to Numeracy</p>	<p><b>Food and Drink - Health and Safety</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Meal Preparation and Cooking - Introduction</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Health Education and Science Links to Numeracy/Literacy</p>	<p><b>Laundry Care 2</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Independent Living - Progression or Asdan Bronze Award - related units AQA Unit Awards related units</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Computing Links to Science/Health Education</p>
<p><b>Year 2- Autumn Term 2</b></p>	<p><b>Food and Drink - Exploring Smells, Tastes and Textures (Sensory Cooking)</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Sensory Meal Preparation and Cooking</p> <p><b>Additional:</b> Links to Health Education and Science Links to Numeracy/Literacy</p>	<p><b>Home Care 2 - Cleaning contd.</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Independent Living - Progression</p> <p><b>Additional:</b> Links to Health Education Links to Careers/WRL/Vocational Learning Links to Science Links to Numeracy and Literacy</p>	<p><b>Food and Drink - Health and Safety</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Independent Living - Progression or Asdan Bronze Award - related units</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Health Education and Science Links to Numeracy/Literacy</p> <p><i>Catering Vocational Taster Session, at College</i></p>
<p><b>Year 2 - Spring Term 3</b></p>	<p><b>Personal Care 2</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Personal Care Routines - Sensory AQA Unit Award related units</p> <p><b>Additional:</b> Links to Computing Links to PSD/SRE/Health Links to Community Learning</p>	<p><b>Food and Drink- Making a Healthy Meal (using fresh ingredients)</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Meal Preparation and Cooking - Introduction</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Computing Links to Health Education and Science Links to Numeracy/Literacy</p>	<p><b>Personal Care 2</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Personal Care Routines - Progression Asdan Bronze Award - related units</p> <p><b>Additional:</b> Links to Computing Links to PSD/SRE/Health Links to Community Learning</p> <p><i>Hairdressing Vocational Taster Session, at College</i></p>

<p><b>Year 2 – Spring Term 4</b></p>	<p><b>Food and Drink – Using Kitchen Tools and Equipment (Sensory Cooking)</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Sensory Meal Preparation and Cooking</p> <p><b>Additional:</b> Links to Science and Computing Links to Numeracy/Literacy</p>	<p><b>Personal Care 2</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Personal Care Routines - Introduction AQA Unit Award related units</p> <p><b>Additional:</b> Links to Computing Links to PSD/SRE/Health Links to Numeracy and Literacy Links to Community Learning</p>	<p><b>Food and Drink- Making a Healthy Meal (using fresh ingredients)</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Meal Preparation and Cooking - Progression or Asdan Bronze Award - related units</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Computing Links to Health Education and Science Links to Numeracy/Literacy</p> <p><i>Catering Vocational Taster Session, at College</i></p>
<p><b>Year 2 – Summer Term 5</b></p>	<p><b>Laundry Care 2</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Personal Care Routines - Sensory or Introduction</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Computing Links to Science/Health Education</p>	<p><b>Food and Drink – Meal Planning &amp; Cooking Using a Hob/Trangia</b></p> <p><b>Accreditation Links:</b> Duke of Edinburgh Awards</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Health Education Links to Numeracy/Literacy</p>	<p><b>Home Care 2 – Cleaning contd.</b></p> <p><b>Accreditation Links:</b> Asdan Bronze Award - related units</p> <p><b>Additional:</b> Links to Health Education Links to Careers/WRL/Vocational Learning Links to Science Links to Numeracy and Literacy</p>
<p><b>Year 2 – Summer Term 6</b></p>	<p><b>Food and Drink – Exploring Food Temperature and Cooking Sounds (Sensory Cooking)</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Sensory Meal Preparation and Cooking</p> <p><b>Additional:</b> Links to Health Education and Science Links to Numeracy/Literacy</p>	<p><b>Laundry Care 2</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Independent Living - Introduction AQA Unit Award related units</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Computing Links to Science/Health Education</p>	<p><b>Food and Drink – Meal Planning &amp; Cooking Using a Hob/Trangia</b></p> <p><b>Accreditation Links:</b> Asdan Bronze Award - related units Duke of Edinburgh Awards</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Health Education Links to Numeracy/Literacy</p>

<p><b>Year 3 - Autumn Term 1</b></p>	<p><b>Personal Care 3</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Personal Care Routines - Introduction AQA Unit Award related units</p> <p><b>Additional:</b> Links to Computing Links to PSD/SRE/Health Links to Community Learning</p>	<p><b>Food and Drink - Preparing Convenience Foods/Snacks for Myself</b></p> <p><b>Accreditation Links:</b> AQA Unit Awards - related units</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Computing Links to Numeracy/Literacy</p>	<p><b>Laundry Care 3 - Clothes Care and Presentation</b></p> <p><b>Accreditation Links:</b> Asdan Bronze/Silver Award - related units AQA Unit Award related units</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Computing Links to Science and Citizenship</p>
<p><b>Year 3- Autumn Term 2</b></p>	<p><b>Food and Drink - Sensory Baking Project (Flavours)</b></p> <p><b>Accreditation Links:</b></p> <p><b>Suggested Educational Visits:</b> Visit to shop/bakery/café</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Computing Links to Numeracy/Literacy</p>	<p><b>Personal Care 3 - 'Make-Over' Project</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Independent Living - Progression</p> <p><b>Additional:</b> Links to Computing Links to PSD/SRE/Health Links to Community Learning Links to Numeracy and Literacy</p>	<p><b>Food and Drink - Cooking for an Event (a party buffet)</b></p> <p><b>Accreditation Links:</b> Asdan Bronze/Silver Award - related units</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Computing Links to Numeracy/Literacy Links to Enterprise Education</p> <p><i>Catering Vocational Taster Session, at College</i></p>
<p><b>Year 3 - Spring Term 3</b></p>	<p><b>Laundry Care 3</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Personal Care Routines - Sensory or Introduction</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Computing Links to Science and Citizenship</p>	<p><b>Food and Drink - Kitchen Challenge!</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Meal Preparation and Cooking - Introduction</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Computing Links to Numeracy/Literacy</p>	<p><b>Personal Care 3 - 'Make-over' Project</b></p> <p><b>Additional:</b> Links to Computing Links to PSD/SRE/Health Links to Community Learning Links to Numeracy and Literacy</p> <p><i>Hairdressing Vocational Taster Session, at College</i></p>

<p>Year 3 – Spring Term 4</p>	<p><b>Food and Drink – Sensory Baking Project (Decorations)</b></p> <p><b>Suggested Educational Visits:</b> Visit to shop/bakery/café</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Computing Links to Numeracy/Literacy</p>	<p><b>Laundry Care 3 – Clothes Care and Presentation</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Living Here AQA Unit Award related units</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Computing Links to Science and Citizenship</p>	<p><b>Food and Drink – Cooking for an Event (a dinner party)</b></p> <p><b>Accreditation Links:</b> Asdan Bronze/Silver Award – related units</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Health Education Links to Numeracy/Literacy</p> <p><i>Catering Vocational Taster Session, at College</i></p>
<p>Year 3 – Summer Term 5</p>	<p><b>Home Care 3 – Cleaning and Basic Home Maintenance/ Decoration</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Independent Living – Introduction</p> <p><b>Additional:</b> Support from Caretaker or Site Manager Links to D&amp;T</p>	<p><b>Food and Drink – Planning a Daily/Weekly Menu</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Meal Preparation and Cooking – Introduction Duke of Edinburgh Awards (expedition)</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Health Education Links to Numeracy/Literacy Link to Duke of Edinburgh Awards – expedition skills</p>	<p><b>Home Care 3 – Home Decoration and Maintenance</b></p> <p><b>Accreditation Links:</b> Asdan Bronze/Silver Award – related units</p> <p><b>Additional:</b> Support from Caretaker or Site Manager Links to D&amp;T Links to Science</p> <p><i>Painting and Decorating Vocational Taster Session, at College</i></p>
<p>Year 3 – Summer Term 6</p>	<p><b>Food and Drink – Planning a Daily Menu/ Food and Drink Passport</b></p> <p><b>Accreditation Links:</b></p> <p><b>Additional:</b></p> <p><b>Additional:</b> Links to Health Education Links to Numeracy/Literacy</p>	<p><b>Home Care 3 – Cleaning and Basic Home Maintenance/ Decoration</b></p> <p><b>Accreditation Links:</b> Asdan Towards Independence: Living Here AQA Unit Award related units</p> <p><b>Additional:</b> Support from Caretaker or Site Manager Links to D&amp;T Links to Science</p>	<p><b>Food and Drink – Planning a Weekly Menu</b></p> <p><b>Accreditation Links:</b> Asdan Bronze/Silver Award – related units</p> <p><b>Additional:</b> Links to WRL/Careers/Vocational Learning Links to Health Education Links to Numeracy/Literacy</p>