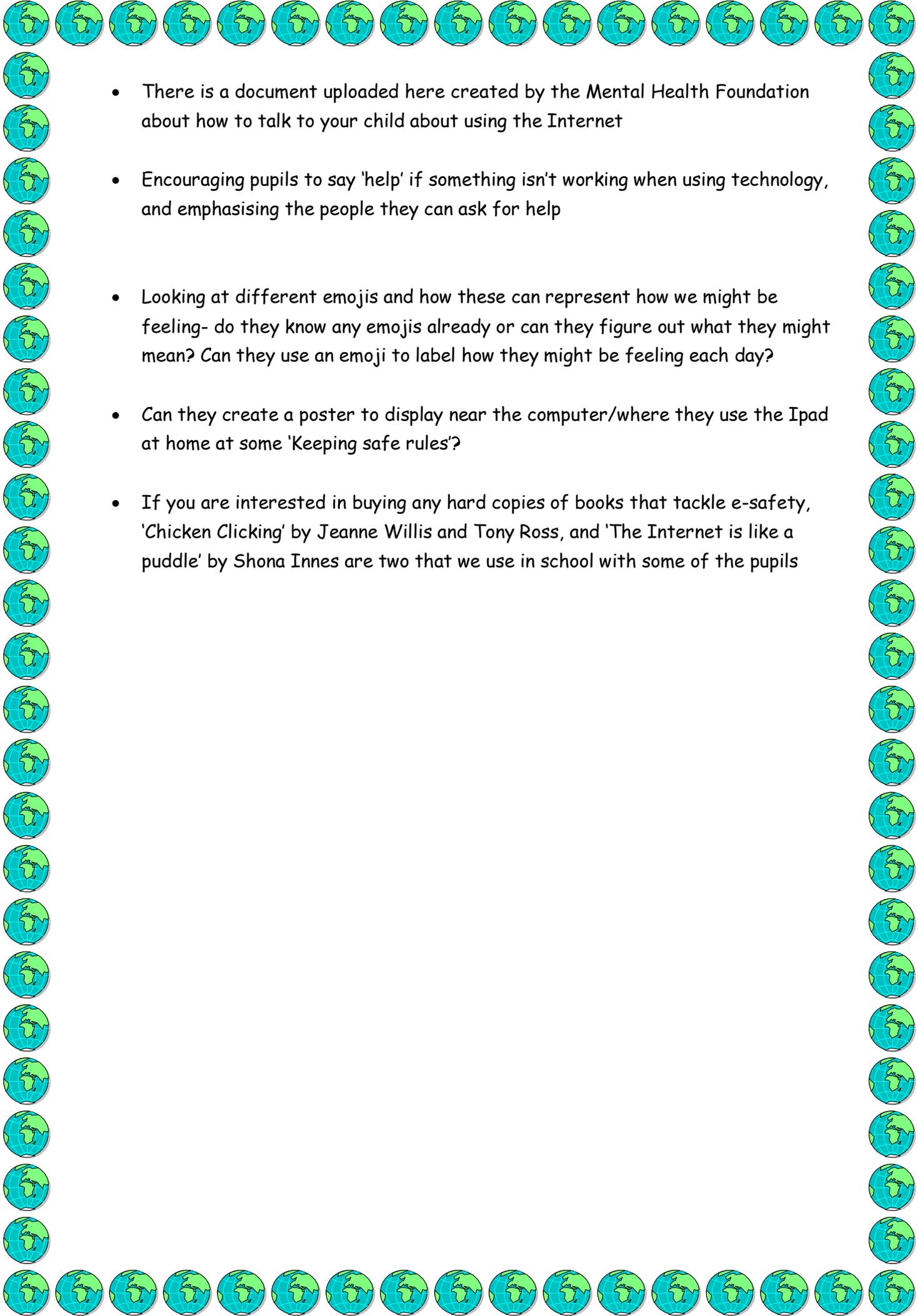


E-safety learning from home ideas and resources!

During a time when some of our young people may be spending a bit more time using technology and the internet, we thought it might be useful to share some e-safety resources that you might want to explore at home. As with anything, please watch the videos or content yourself first and decide if it is appropriate for your child, as we know that every child is different and you know them and their specific needs best.

- Vodafone have a campaign called Digital Parenting with lots of articles and advice on how to balance screen time at home
<https://www.vodafone.co.uk/mobile/digital-parenting/>
- Google are running a 'Be Internet Legends' programme, with a section for parents found here https://beinternetlegends.withgoogle.com/en_uk/parents
- www.thinkuknow.co.uk have lots of great resources; articles for parents, some new 'home activity packs' and some videos that may be suitable for your child to watch such as 'Jessie and Friends', 'Lee and Kim's Animal Magic story and the series 'Hector's World'- An example of some of the activities is also uploaded here
- www.childnet.com again has lots of great resources including an advice section for parents and carers and a series of videos called 'the SMART crew'
- There are some great e-books online to share, such as 'Digiduck's Big Decision' <https://www.childnet.com/ufiles/DigiDuck-eBook.pdf>, 'Smartie the Penguin' <https://www.childnet.com/resources/smartie-the-penguin> and '#Goldilocks' <https://www.vodafone.co.uk/mobile/digital-parenting/goldilocks>
- www.netsmartzkids.org has lots of videos, e-books, games etc about keeping safe online, including the 'know the rules' rap!
- BBC has a huge amount of resources under the name of 'own it'- <https://www.bbc.com/ownit>
- Each year the school celebrates Safer Internet Day, and they have their own website with some resources for parents and carers here <https://www.saferinternetday.org>

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- There is a document uploaded here created by the Mental Health Foundation about how to talk to your child about using the Internet
 - Encouraging pupils to say 'help' if something isn't working when using technology, and emphasising the people they can ask for help
 - Looking at different emojis and how these can represent how we might be feeling- do they know any emojis already or can they figure out what they might mean? Can they use an emoji to label how they might be feeling each day?
 - Can they create a poster to display near the computer/where they use the Ipad at home at some 'Keeping safe rules'?
 - If you are interested in buying any hard copies of books that tackle e-safety, 'Chicken Clicking' by Jeanne Willis and Tony Ross, and 'The Internet is like a puddle' by Shona Innes are two that we use in school with some of the pupils